

Potential COVID-19 Infection with Testing

During your visit today, there was concern that you may have COVID-19. Symptoms of COVID-19 include fever, cough, shortness of breath and it spreads between people in close contact (within 6 feet of each other) through respiratory droplets when an infected person coughs or sneezes.

Due to the concern for infection with this virus, you have undergone testing for COVID-19. You will be contacted with your results by the ordering provider or the Ohio Department of Health in the next 3 to 7 days. You may access your results in the Wood County Hospital Patient Portal.

Until your test results become available, it is important to act as if you DO have the virus and self-isolate at home. You should:

- Stay in a room away from others you may live with
- Use a separate bathroom if possible
- Avoid sharing personal household items such as dishes, towels, and bedding
- Wear a facemask, if you have one, when around others. If you cannot wear one and others must be in the room with you, they should wear one if available.
- Cover your mouth when you cough or sneeze with a tissue and then dispose of the tissue and immediately wash your hands
- Wash your hands often with soap and water for at least 20 seconds or use a hand sanitizer with at least 60% alcohol
- Avoid touching your face, eyes, nose, and mouth
- Clean all surfaces that are touched often, wash laundry thoroughly
- Do not allow visitors, avoid public places and transportation
- Do not leave the house for any reason other than worsening symptoms that require you to seek medical attention
 - Worsening symptoms include but are not limited to difficulty breathing, persistent pain or pressure in the chest, new confusion or inability to arouse, bluish lips or face
 - Most people who have required further medical attention worsen around Day 5-8 of symptoms

Home isolation may end when all of the following are true:

- 1) No fever for at least 72 hours (3 full days) without use of fever reducing medications such as Tylenol and Ibuprofen/NSAID medications
- 2) Symptoms have improved
- 3) At least 7 days have passed since symptoms first began

While at home treat your symptoms with over the counter medications you would otherwise use to treat cold and flu symptoms. Although there is no scientific data at this time linking worsening symptoms with NSAIDs (Ibuprofen, Motrin, Advil, Naproxen, etc.) it is our recommendation to use primarily Acetaminophen (Tylenol brand name) as your primary medication for fevers and pain at this time and use NSAIDs occasionally as needed. Get plenty of rest and drink plenty of fluids to stay hydrated. For most people symptoms last a few days and improve in a week.

For more information on Coronavirus you can call the Ohio Department of Health at 1-833-4-ASK-ODH (1-833-427-5634) or go to coronavirus.ohio.gov or cdc.gov/coronavirus