



With state-of-the-art technology and a highly trained and dedicated staff, Wood County Hospital provides exceptional care to patients needing a wide range of surgeries.

See your hospital in a whole new light

What does it mean to see something in a whole new light? It means to rethink, to re-evaluate, to cast aside preconceived ideas and open your mind to a new world of possibilities.

“Sixty-five years ago, our community founded Wood County Hospital to offer great care to people here at home,” said Wood County Hospital President Stan Korducki. “We have continued that mission, and offer many state-of-the-art therapies and technologies in medicine and surgery.”

Our goal is to provide the highest level of care for you, our neighbors in the community. We believe you shouldn't have to drive across the state to receive quality care.

We accomplish that goal with our highly qualified, credentialed staff, and by investing in physical and technological updates and infrastructure improvements. This allows us to provide cutting-edge treatments to achieve better patient outcomes.

Over the last 10 years, we've made significant advancements in orthopedics, obstetrics, radiology and emergency care. We opened the Wound Healing Center in 2009 to provide treatment for community members with chronic and non-healing wounds.

In 2010, the Center for Weight Loss Surgery earned its first accreditation. Today, it offers the most surgical options for weight

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PRESIDENT'S Message



As we move through another winter season, our goals at Wood County Hospital continue to be making and then keeping people healthy. We have had more than the usual share of influenza and seasonal illnesses in the region this year. That has kept our Emergency Room and our inpatient units well used. But that is one of the core reasons we are here: to care for our community in times of need.

At the time of this article, we are close to opening a new Infusion Center on our second floor. The former Intensive Care Unit has been renovated and repurposed. Patients who need infusions of IV antibiotics, blood products, phlebotomy therapy or other ambulatory procedures will be cared for here.

The demand for these services has outgrown the space on our first floor currently used. Both patients and staff will benefit from the new area.

We will also use the same department for the introduction of two new services. These are a Congestive Heart Failure Clinic and an Infectious Disease clinic. Each of these will provide specialized care for patients with these problems. We are thrilled to be able to offer these programs.

Many of our primary care physicians are participating in a program being introduced by Medicare known as “CPC+.” The Comprehensive Primary Care model is a new alternate payment model being introduced to support the physicians in providing both prevention and treatment to patients in the community. The aim of CPC+ is to reduce costlier care in other settings and promote well being through the use of good primary care practices.

So, as you can see, we continue to work on providing excellent acute care for our community while building longer-term health through practice initiatives like CPC+. Those are just two more examples of how you can Depend on Us.

Sincerely,

Stanley R. Korducki
President

Whole New Light

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loss in Northwest Ohio. That same year, we expanded to create new patient rooms, the Women's Imaging and Diagnostic Center, and our new surgical department.

“The technology we offer our surgeons and the community is as good as, and many times better than, that you'll find in any urban medical center,” said Mike Bozzo, BSN, RN, Director of Perioperative Services. “It includes high-definition video imaging and state-of-the-art laparoscopic and endoscopic instruments that enhance the surgeon's capability.”

It's estimated that more than 1.5 million Americans will be diagnosed with cancer this year. In 2014, we opened the Maurer Family Cancer Care Center to give hope to our neighbors battling the disease. Our board-certified cancer specialists use the most technologically advanced radiation therapy equipment available.

Wood County Hospital saw more improvements in 2016. Early in the year, we installed a new MRI machine to provide more reliable imaging

WCH REHAB SERVICES

The Sports Medicine program of Wood County Hospital Rehab Services is helping all kinds of athletes stay in the game. Rehab Services Director Deb Butler says her team of athletic trainers and physical therapists can work with anyone who's recovering from a sports injury.

“Our services aren't just for the young player,” says Butler. “We have programs for athletes and weekend warriors of all ages.”

WCH Rehab Services Athletic Trainer Mike Messaros has four decades of experience helping all types of athletes get back in the game, from elementary school football players to Division 1 college athletes to professional baseball players.



for our patients. And our ICU was completely updated and opened at the end of the year.

Sue Brezina, MSN RN, Director of the ICU, added, “The improved infrastructure and technology updates will advance our current system and allow for the integration of new technology. And the physical improvements will provide a patient care area that’s more

conducive to safe, efficient, family-centered care.”

As we travel together into the future, you can depend on us to provide convenient access to personalized care, using the latest technologies and procedures.

Because that’s the treatment our neighbors deserve. ■

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- Mike Bozzo, BSN, RN
Director of Perioperative Services

HELPS ATHLETES STAY IN THE GAME

“It’s a very satisfying experience,” says Messaros, “and I’ve always made it a personal challenge to get someone back to playing safely quicker than the last injury that I treated.”

Messaros says the Sports Medicine program provides sideline trainers for three area high schools, and he hopes to expand the department to offer injury prevention and summer strength training programs.

For more than 20 years, WCH Rehab Services has helped school-aged athletes by offering a free Sports Trauma Clinic on Saturday mornings. “When high school football players get injured on Friday

night, they often wake up the next morning in pain, but their doctor’s office is closed,” says Butler. “We want to be there for them.”

And athletes in organized sports aren’t the only ones who can use the Sports Medicine program. Butler says they’ve treated many everyday athletes, including an 80-year old golfer, a runner with a twisted ankle, and a rock climber with a torn ACL.

Patients using health insurance will need a physician’s referral to work with the Wood County Hospital Rehab Services team. For more information about Sports Medicine or any other Rehab Services programs, call Deb Butler at 419-354-8984. ■



Improve Employee Productivity through Workplace Wellness



At Wood County Hospital, we offer a work-site wellness program that can combat many diseases that affect so many residents in our community. The program consists of coaching, classes and resources to help employers improve morale, productivity and retention, while reducing healthcare premiums and providing tools to employees that encourage healthy lifestyle choices.

Each class is taught by a healthcare professional who specializes in that subject. The on-site program is individualized to each business and can accommodate a workplace of any size.

The program provides information on how to remain healthy at work and in your busy life. Classes include tobacco cessation, stress management, and fitness and nutrition, as well as programming specifically designed for different ages, genders and occupations. We also offer Health Risk Assessments with biometric screenings, health coaching, and disease management.

With 60% of an adult's waking hours spent on the job, maintaining healthy habits in the

workplace is vital. Changing lifestyle habits can significantly reduce healthcare costs and reduce the risk of chronic disease.

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WELLNESS CALENDAR

Wood County Hospital is committed to improving the health and wellness of community members of all ages by providing health education, health screenings, weight loss and aquatics programs. Listed below are some of the programs we offer. For more detailed information and to register, visit us online at www.woodcountyhospital.org/classes or follow us on Facebook. You can also call us at 419-354-8887.

Personalized Joint Replacement Seminar

Wednesday, April 5 6:00—8:00 pm
Orthopedic surgeon Carlos Gomez, MD will discuss the latest technology used for personalized knee replacement surgery at Wood County Hospital. Call 419-354-8679 to register.

Barbershop Talks

Thursday, April 20 6:45—8:00 pm
Barbershop Talks is a program targeting Men's Health. Featured speaker, Kristel Eichenlaub, RPSGT/RRT from Wood County Hospital's respiratory department will discuss symptoms and contributing factors to sleep quality. Registration is required. Visit WoodCountyHospital.org and register under Classes or call Wellness Services at 419-354-8887.

Positively Pink

Thursday, May 18 6:30—9:00 pm
Guest speaker Dr. Lillian Miller will speak on a potpourri of topics based around perimenopause. Call Wellness Services at 419-354-8887. Registration is required. Visit WoodCountyHospital.org and register under Classes or call Wellness Services at 419-354-8887.

Look Good, Feel Better

Tuesday, June 6 6:00—8:00 pm
Maurer Family Cancer Center
This FREE American Cancer Society program teaches beauty techniques to women who are actively undergoing cancer treatment. Each participant will receive a makeup bag worth \$250! To register, call the ACS at 800-227-2345.

Personal Safety & Self Defense Class

Thursday, June 8 5:30—9:00 pm
This class provides information on prevention strategies to help you reduce your risk of becoming a victim. Registration is required. Visit WoodCountyHospital.org and register under Classes or call Wellness Services at 419-354-8887.

Community Wellness Day

Thursday, June 22
This event will offer over 20 different blood tests for a low price. In addition, participants will receive various free screenings and educational information which will provide you an overview of your current general health. Registration runs from May 22nd-26th. Registration is required. Call 419-354-8679.

Safe Sitter

Saturday, June 24 9:00 am—4:00 pm
Designed for 11–14 year olds, Safe Sitter is a program that teaches life-saving skills and safety practices that can be applied when home alone or watching younger children. Registration is required. Visit WoodCountyHospital.org and register under Classes or call Wellness Services at 419-354-8887.

Diabetes Interest Group

Second Thursdays monthly Noon—1:00 pm
Free monthly meetings for diabetics and/or their significant others. Each session covers current topics and information about diabetes.

Weight Loss Surgery Information Sessions

Peter Lalor, M.D., bariatric surgeon will discuss the weight loss surgery options available at WCH. To register, visit WoodCountyHospital.org and click on Classes. For questions, call 419-373-7699, option 4.

Wednesday, April 20	6:30—8:30 pm
Saturday, April 15	9:00—11:00 am
Wednesday, May 10	6:30—8:30 pm
Saturday, May 20	9:00—11:00 am
Wednesday, June 14	6:30—8:30 pm
Saturday, July 17	9:00—11:00 am
Wednesday, July 12	6:30—8:30 pm
Saturday, July 15	9:00—11:00 am

A Step Toward Healing

Wound Healing Center

AT WOOD COUNTY HOSPITAL

For Jeff Stawiarski, a new pair of shoes changed everything.

He was breaking them in when he noticed a small cut on one foot. He thought it would heal on its own. But it didn't. So after a few days, Jeff's wife insisted he visit a doctor, who prescribed him antibiotics.

The antibiotics alone didn't help. A visit to the emergency room and a diagnosis of serious bone infection followed, along with twice-daily hospital visits for intravenous antibiotics. The infection cleared up, but the cut didn't heal.

Jeff was eventually diagnosed with diabetes, which can cause inadequate blood flow and interfere with healing, especially in the legs and feet. So he turned to podiatrist Dr. Chase Ranker at the Wound Healing Center at Wood County Hospital.

"I knew I liked Dr. Ranker when my wife approved right away," Jeff said. "We both felt he was confident and knew what he was talking about."

But despite a rigorous treatment schedule, the wound wasn't responding the way Dr. Ranker hoped, and Jeff feared he could lose his foot, just months before he was supposed to walk his daughter down the aisle at her wedding.

That's when Dr. Ranker suggested a more intense approach: hyperbaric oxygen therapy. The two hyperbaric oxygen (HBO) chambers at Wood County Hospital help the body's wound-healing mechanisms work more efficiently.

After using HBO therapy, Jeff's wound finally began to heal and Dr. Ranker gave him the okay to put on another pair of shoes. When he walked his daughter down the aisle, he was wearing dress shoes.



The Wound Healing Center at Wood County Hospital heals 97% of its patients within 15 weeks of treatment. If you have a wound that will not heal, please call the Wound Healing Center at Wood County Hospital at 419-373-7680. ■



Dr. Chase Ranker prescribed use of the Hyperbaric oxygen chambers for treatment of a stubborn wound. These chambers allow the blood to carry 15 to 20 times the normal levels of blood gases which help to promote healing and fight infection.



The banner features a colorful striped border at the top. Below it, the text "Family Birthing Center" is displayed in a large, stylized font. To the left of the text is a small icon of a house with a heart inside. To the right is a large pink footprint. Below the text are three vertical panels. The first panel is titled "FIRST FOOTPRINTS" and contains a list of names and birth dates. The second and third panels are empty grids for adding more footprints. A large blue footprint is on the left side of the banner, and a large pink footprint is on the right side.

Honor the birth of a new baby

If your baby was born at Wood County Hospital, we're inviting you to honor the birth of your little one by having your baby's footprint added to a tile near the entrance of our Family Birthing Center.

With a contribution of \$50 to the Wood County Hospital Foundation, your baby can become a member of First Footsteps, and his blue or her pink footprint will be displayed for all time. Your baby's name and birthdate will be included, too.

Your contribution helps sustain excellence in delivery and neonatal care by providing funds that will be used exclusively in this area. It also makes a great gift.

For more information, please contact the Wood County Hospital Foundation at 419-373-7627. ■

MEDICAL STAFF News

Dr. Lillian Miller has joined Doctors Abeer Ahmed, Ian Leggat, Megan Porter, and CRNP Marcia Amstutz. Dr. Miller is a native of Bowling Green and graduated from the Ohio State University. She focused primarily on high-risk obstetrics, gynecological and breast screenings, as well as general gynecological care for women of all ages. Make an appointment by calling 419-352-8427.

Ndal Farah, MD joined Wood County Hospital from ProMedica Health System. He graduated from Northeastern Ohio University's College of Medicine and completed his internship and Anesthesiology Residency at the Ohio State University Medical School. Dr. Farah has been part of numerous missionary trips, including trips to Hatya, Turkey, Shenzhen, China and the Dominican Republic, providing services and education on anesthesia practices.

Pooja Gupta, MD joined the Emergency Department at Wood County Hospital in August of 2016. Dr. Gupta completed medical school at the University of Mumbai, India. She then moved to the United States and completed her residency at Doctors' Hospital of Michigan/ Wayne State University program.

Dr. Muhammad Rizwan Faisal, MD joined Wood County Hospital as the Medical Director of the Hospitalist. His primary interest is in internal medicine, but has experience in many aspects of medicine. Dr. Faisal is looking forward to leading his team and continuing the exceptional patient care at Wood County Hospital.



Dr. Ndal Farah



Dr. Pooja Gupta



Dr. Muhammad Rizwan Faisal



Ashley Sankiewicz



Andrea Barnette

Ashley Sankiewicz, NP-C has joined Bowling Green Family Physicians and **Andrea Barnette, NP-C** has joined Bowling Green Family Care Center. Both providers are accepting new patients. ■

Expert Cancer Care Close to Home

About one in every three Americans will develop cancer. That means that cancer impacts nearly every family in every community.

In 2014, we established The Maurer Family Cancer Care Center (MFCCC) at Wood County Hospital to provide superior cancer care close to home. We use the very latest technology and a multidisciplinary approach to care for and support our patients and their families.

“Our physicians, physicists and staff have

training and experience that is unsurpassed in the region, and we provide the most advanced treatments available,” said Dr. Robert Lavey, MD, MPH, Director of the MFCCC and member of the American Cancer Society East Central Board of Directors. “Our patients can rest assured that their surgeon, medical oncologist and radiation oncologist meet to discuss their condition and share their expertise to develop their personalized plan of care.”

The state-of-the-art linear accelerator and treatment planning CT scanner at MFCCC were

the first of their kind in Ohio. “We continue to lead the way with new equipment that synchronizes the radiation with the breathing of the patient and the movement of the tumor, thereby reducing side effects,” added Dr. Lavey.

We're proud to host the free Look Good, Feel Better program. Skincare cosmetic professionals individually give each patient the beauty advice and products to rebuild their self-esteem and confidence. Our navigator, social worker and dietitian ease the cancer journey for patients and their families.

The MFCCC also holds an annual dinner for patients to celebrate life and build camaraderie. And we support the American Cancer Society's Relay for Life, cancer screening and smoking cessation events in Bowling Green, Perrysburg, Pemberville, on the BGSU campus and beyond.

The people who come to MFCCC are more than just patients. They're our family, our friends and neighbors for life. Dr. Lavey concluded, “I'm proud to be part of this community; to see so many of our patients around town, maintain relationships with them, and be a part of their lives after treatment.” ■



New Doctors Join Women's Care of Wood County

We're pleased to welcome two doctors to Women's Care of Wood County.

Dr. Lillian Miller joined our team in December and Dr. Mostafa Abouzeid began seeing patients at the center in August.

Dr. Miller, a Bowling Green native, specializes in health maintenance, including prevention and early diagnosis, as well as gynecological and breast cancer screenings. She also brings her training in Da Vinci robotic surgeries, a new offering for Women's Care of Wood County.

A devout Catholic, Dr. Miller practices faith-based medicine without the use of birth

control, and guides her patients through natural family planning. While all WCWC physicians welcome patients of any faith, some patients may prefer a doctor who shares their religious views, particularly for obstetrics, gynecology, and gynecological surgeries.

Gynecological visits are very personal and it is comforting to know you share similar beliefs as the person you're seeing. You may find you are more at ease and trust that they're going to treat you in a manner you're comfortable with.

Dr. Mostafa Abouzeid specializes in infertility, recurrent pregnancy loss, and

reproductive surgeries to treat endometriosis and uterine fibroids. His presence will increase access to infertility treatments and laparoscopic surgeries, and decrease travel time for pre-surgery testing.

Dr. Abouzeid provides treatment for infertility issues at his two Michigan offices only, but offers testing locally. He's at

WCWC the second and fourth Fridays of each month.

Our new doctors join the current WCWC staff:

- Dr. Abeer Ahmed, M.D, FACOG
- Dr. Ian T. Leggat, M.D. MRCOG
- Dr. Megan Porter, D.O, FACOOG
- Nurse Practitioner Marcia Amstutz, CRNP, MSN

Originally from Egypt, Dr. Ahmed has a special interest in infertility, uro/gynecological care, and issues related to menopause.

Dr. Leggat is a native of Scotland with 25 years of experience in Obstetrics and Gynecology.

An Ohio native, Dr. Porter has a special interest in adolescent gynecology and minimally invasive surgery.

Marcia Amstutz is a certified nurse practitioner and performs in-office evaluations and common gynecological procedures.

The WCWC staff encourages women to have screenings every year, even though the American Cancer Society now recommends pap smears for women over 30 every 3 to 5 years. Annual breast exams and other screenings can still detect issues early so better patient outcomes are more likely. The new recommendations can be confusing. It may seem you do not need to come in for other screenings every year, but these screenings are critically important. There's more to an exam than just a pap screen.

Wood County Women's Care is a group of dedicated medical professionals devoted to providing high-quality, comprehensive healthcare for women at any stage of life. To schedule an appointment, call 419-352-8427. ■



Dr. Lillian Miller



Dr. Mostafa Abouzeid

Workplace Wellness Program

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"Many companies in our area benefit from these types of programs. Employees are one of the most valuable assets to any company. Workplace wellness programs encourage employees to take the appropriate steps to prevent the onset or worsening of a health condition, eliminate unhealthy behaviors and habits, and promote the adoption of healthy lifestyles. We are here to assist employers and the community to make positive changes by

inspiring them to develop skills that impact healthy lifestyle choices with the goal of improving overall well-being," said Teri Laurer, Director, Wellness and Occupational Medicine.

To talk about your current workplace wellness program or to discuss a new program, please call Teri Laurer at Wood County Hospital, at 419-354-3131. Or for more information, visit our website at WoodCountyHospital.org. ■



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HEALTHY Outlook

HEALTH NEWS AND HAPPENINGS FOR THE COMMUNITY FROM WOOD COUNTY HOSPITAL

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