



WOOD COUNTY
HOSPITAL

DEPEND ON US.

SPRING 2016

HEALTHY Outlook

HEALTH NEWS AND HAPPENINGS FOR THE COMMUNITY FROM WOOD COUNTY HOSPITAL



"Anytime Care" offers around-the-clock peace of mind

When Kit and Katy Hughes moved their family from Raleigh, North Carolina to Bowling Green, they needed to find a doctor. "With four children all under the age of seven, it was important to join a physician practice we could really trust," explains Katy.

To say her standards were high would be an understatement. "My father was a physician. I got special treatment all my life. So I was looking for that same level of care for my family," she said with a smile.

After a thorough search, the Hughes family decided on Wood County Pediatrics for their children and Bowling Green Clinic for

themselves. "Our doctors are just wonderful. They don't rush us in and out of the office," Katy says. "They take the time to talk, to get to know us, and to make my kids feel at ease."

The proximity was also a plus. "With four children, we're going to the doctor a lot. So the fact that I don't have to drive a half hour each way for an appointment is very helpful. I can get great care just minutes from my house."

The quality of medical care the Hughes family has experienced can be found throughout the entire Wood County Hospital system — from the emergency department to urgent care and beyond.

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PRESIDENT'S Message



It is early Spring, and this is a time of year where our Northwest Ohio weather changes often. This means many things but for members of the community we typically see many cases of flu or flu-like symptoms at this time. While the right treatment for some cases is simply fluids and bed rest, many people often need to have examination and prescribed treatment. Our “Anytime Care” story speaks to the options that WCH offers the community in partnership with our physicians. There are many options for families seeking primary care physicians in area offices. See our website for a listing of our providers in Family Medicine or Pediatrics practicing within the community.

Some cases are more urgent than others and for those situations our Anytime Care service offers evening and weekend hours when the traditional office practice is

not open. While the ultimate backup is always our 24 hour emergency department, many families are well served by using our Urgent Care Clinic at the Falcon Health Center on East Wooster Street. Staffed by a team of physicians, nurse practitioners and physician assistants Falcon provides an accessible and lower cost option for people not needing the resources of the full service Emergency Room for their particular illness. Again, please read our Anytime Care story for more information.

We continue to invest in facilities and technology to support patients here at WCH. Recently, the Radiology Department installed a new Magnetic Resonance Imaging unit (“MRI”), replacing an older machine that had served patients well for nearly a decade. The new MRI provides high resolution images greatly aiding the Radiologist in interpreting the results of the scan.

In late February the Hospital commenced a six month renovation project to create a new Intensive Care Unit for our most acutely ill patients. This ten bed unit will offer larger rooms specifically designed to support the many new monitors, pumps and other devices used to treat critically ill patients. We should have this finished by August of this year.

The Hospital continues to recruit new physicians to serve the community. In our Medical Staff News section please note the additions of Drs. Safadi, Ranker, and Fondessy who have selected the Bowling Green area as a preferred location to practice their specialties. They will join a Medical Staff committed to making our slogan “Depend on Us” an ongoing reality for you.

Sincerely,

Stanley R. Korducki
President

ON THE COVER:

Falcon Health Center's staff of physicians and nurse practitioners welcome members of the general Bowling Green and Wood County communities in addition to BGSU students, alumni, faculty and staff.

“Anytime Care”

CONTINUED FROM PAGE 1

Just ask Skye Comstock, who was suffering severe abdominal pains in the middle of the night. “I went right to the Wood County ER,” she says. “They got me in, quickly ordered my tests, and kept me informed all along the way. They really knew what they were doing.”

Staffed by board-certified emergency medicine physicians and specially trained health professionals, The Wood County ER offers state-of-the-art care, 24 hours a day, 7 days a week.

For minor ailments and injuries, Wood County Hospital's Falcon Health Center Urgent Care is a great option. The facility, which is open until 9 pm during the week and 5 pm on the weekends, offers a wide range of services, including x-rays, blood work and immunizations. There is even a pharmacy on location, so patients don't have to make an extra trip to get their prescriptions filled.

The goal of Wood County Hospital is to provide





◀ Dr. Melissa Moore, Wood County Hospital Physician, and Dr. Ryan Stahl, Wood County Hospital Emergency Department

patients the quality care they need exactly when they need it. Whether patients require immediate emergency care, urgent care or just want a doctor with whom they can build a long relationship, Wood County

Hospital is the ideal choice.

To find a physician on staff at Wood County Hospital, visit www.woodcountyhospital.org/find or call the physician referral line at 419-373-7613. ■



“The fact that I don’t have to drive a half hour each way for an appointment is very helpful. I can get great care just minutes from my house.” - Katy Hughes



WCH EARNS QUALITY RESPIRATORY CARE RECOGNITION

Only 15% of hospitals in the U.S. have been named a Quality Respiratory Care institution by the American Association for Respiratory Care (AARC).

“The citizens in your community are lucky to have a facility such as yours, in which they can be assured of receiving the highest standards of respiratory care,” said Sherry Millian, Assoc. Executive Director of AARC. “Hospitals earning this designation meet requirements that provide a level of care consistent with national standards and are commended for their commitment to quality care.” ■

New 3D mammography completes the picture

Dr. John d'Souza, radiologist at Wood County Hospital, views 3D mammogram images.

The factors that lead to the development of breast cancer vary from patient to patient, yet the one common denominator to providing effective treatment remains the same: early detection. Standard 2D mammography screenings have provided a good basis for improving outcomes across the board, but Wood County Hospital has introduced something even better: the promise of “earlier” detection through the use of state-of-the-art 3D mammography technology.

Last July, Wood County Hospital began offering more advanced 3D mammography screenings and diagnostic evaluations as a supplement to its 2D technology. The results have provided a more complete picture for women looking to catch the onset of breast cancer even earlier. With 3D, physicians are able to analyze multiple X-ray projection images across the same area compared to a single 2D image.

Dr. Patrick Gustine, a radiologist at Wood County Hospital, is a strong advocate of 3D



mammography technology and believes this advancement makes breast cancer easier to detect and treat.

“Instead of having just one image, we have multiple images, as many as 30-40. That makes it much easier to accurately identify

cancer in the breast,” Gustine said. “As the name implies, with 3D images you can see around the tissue that would likely be obscured in a 2D image.”

According to Gustine, that small extra amount of time is well worth it because it can reveal complexities that, in many cases, have caused 2D screenings to incorrectly identify false positive readings in the past. Studies have shown that 3D mammography technology can reduce the number of recorded false positives by 40 percent.

Naturally, the best news about breast cancer is to learn that you don't have the disease in the first place. Wood County Hospital's investment in 3D mammography may not prevent the disease from developing, but it does provide a means to keep many from worrying without just cause. ■

Cheryl Lance, mammography QA technologist, positions a patient for a mammogram using the new 3D Mammetome mammography unit.



New MRI is in full swing

On a warm January day, the Wood County Hospital's 12 year old MRI was lifted through the rooftop of the Radiology department and replaced with the \$1.6 million Magnetom Aera 1.5T MRI from Siemens.

One of the advanced features of this machine is the wide open bore design reduces anxiety for the patient and its speed means faster exams, resulting in a more comfortable experience.

"We are very excited about the high quality images of the technology" stated Dr. Patrick Gustine, WCH Radiologist and Assistant Chief of Staff. "The MRI's powerful magnet provides these images allowing us to find potential problems easier and see details that assist us with making diagnoses quickly."

The MRI was purchased by the Wood County Hospital Foundation for \$1.6 million. "Through fundraising the Foundation continues to support its mission, with the help of private support, to enhance the delivery of quality health care to our community," said Cristy Gray, Vice President of Development.

To schedule your MRI, please call 419.354.8622. ■



New ICU to open later this year

No one can predict when the unexpected will happen, when disaster will strike, or a seemingly routine medical issue elevates to a more serious situation. However, later this year our physicians, nurses and staff members will be better prepared for whatever challenging situation they may face.

Plans are now set for a complete makeover of Wood County Hospital's Intensive Care Unit (ICU). Although the existing unit is equipped and staffed to provide the exceptional service our patients rely on, we are finding that more patients are coming to us with extreme issues that are often best resolved in the ICU.

Current plans call for significantly increasing the size and the number of rooms in the



Dr. Hany Jacob, Intensive Care Unit Medical Director, reviews patient information with Clint Weckesser, RN.

new ICU. The design and technology of the new unit will provide increased infection control, including more negative pressure rooms that help to prevent the spread of

airborne diseases. State-of-the-art telemetry monitoring will provide real-time, around-the-clock tracking and reporting of key medical information for each patient. For patients who require dialysis, treatments will be provided at bedside, in each patient room.

In addition, the new ICU will offer private baths, updated décor, and enhanced comfort and service for our patients and their families.

The ICU improvements are being supported in part by the Wood County Hospital Foundation. The Foundation's annual giving drive is currently underway, and you are encouraged to show your support for the ICU and other hospital projects by visiting us online at www.woodcountyhospital.org; then clicking on the "Foundation and Guild" tab to download the form. Or, you can choose to share your charitable inquiries with the Wood County Hospital Foundation by phone at 419-373-7627. ■

VALENTINE'S DAY NEWBORNS



Babies born at WCH have been receiving a special knit hat reflective of that month's holiday. Creative labor and delivery nurses Rachelle Riedy and Hannah Carr have created a special hat for every month. David and Rachel Kuebeck are shown here with their daughters, 2-year-old Olivia and newborn Hazel. Hazel was born February 5 at 2:33 pm.

RECOGNIZING OUR DONORS

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MEDICAL STAFF News

Robert S. Lavey, M.D., MHP, radiation oncologist and medical director of the Maurer Family Cancer Center, has been appointed for a two-year term to the East Central Division Board of the American Cancer Society.



Dr. Robert S. Lavey



Dr. Chase Ranker

Chase Ranker, DPM, a podiatrist, has joined the Wood County Hospital Medical Staff. His practice, Bowling Green Foot and Ankle Physicians is located at 735 Haskins Road (the former office of Drs. De Silvio and Witt). Ranker is a graduate of Ohio State University and the Ohio College of Podiatric Medicine. He is trained in both forefoot and rearfoot surgery, as well as diabetic wound care and limb salvation. In addition to working at his office, he also sees patients at WCH. Appointments with Dr. Ranker can be made by calling 419-352-8110.



Dr. Mohammed Ahmed



Dr. Ghassan Safadi

Ghassan Safadi, MD, FAAAAI, allergy and immunology specialist, has opened an office at 960 W. Wooster, Suite 102 (the former offices of Dr. Ronald Negrich). Shots are available Tuesdays 8 a.m. to 4:30 p.m. and Thursday, 8:30 a.m. to 11:00 a.m. Appointments can be made by calling 419-354-1069.

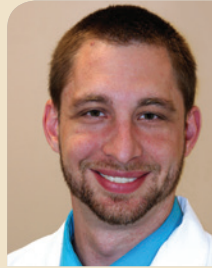
Pediatricians Mohammed Ahmed, MD and **Stephanie Weckesser, MD** have joined the Wood County Medical Associates practice with Drs. Michael Lemon, Jason Bihn and Melissa Moore. Their office is located at 970 W. Wooster, Suite 130. Appointments may be made by calling 419-352-6890.



Dr. Stephanie Weckesser



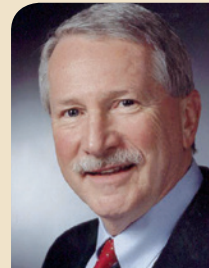
Dr. Terrence Fondessy



Dr. David Barnes

Terrence M. Fondessy, MD, is Board Certified in Family Medicine and has been in private practice in NW Ohio for thirty years. Dr. Fondessy will be joining the practice at Bowling Green Family Care Center. He will be welcoming new patients after May 1st, where he will provide comprehensive medical care to patients from newborn to geriatric. For an appointment call 419.353.6225. BGFCC is located at 1037 Conneaut Avenue, Suite 206, Bowling Green.

Drs. Tom Wojciechowski and **David Barnes**, and **nurse practitioners Janell Arps** and **Patricia Noble**, have relocated their offices to Bowling Green Family Physicians at 1215 Ridgewood Drive. Appointments can be made by calling 419-352-9071.



Dr. Tom Wojciechowski



Janell Arps, CNP



Patricia Noble, CNP

Wound Healing Center provides state-of-the-art treatments

The Wound Healing Center at Wood County Hospital healed over 180 patients last year. The Center provides specialized treatment for chronic or non-healing wounds, which include sores or wounds that have not significantly improved from conventional treatments. The length of time to heal is less than 30 days with a patient satisfaction rate of over 90%.



If you have a wound, The Wound Healing Center at Wood County Hospital can help. With state-of-the-art treatments available including debridement, dressing selection, special shoes, and patient education, people with non-healing and chronic wounds now have a place to turn.

Our physicians have advanced training in wound management and hyperbaric oxygen therapy.

The Wound Healing Center at Wood County Hospital is open Monday through Friday 8:00-4:30 pm and is located at 1037 Conneaut Avenue, Suite 207 (in the Rehab building), Bowling Green. Call for an appointment at 419-373-7680 and self-referrals are welcome.

GETTING TO THE BOTTOM OF CHILD SLEEP PROBLEMS



Pediatric sleep studies now offered at Wood County Hospital

Few things will cause parents to lose shut-eye as much as having children who have trouble sleeping through the night. The problem can be particularly troubling for young children, but it can grow even more disconcerting for children in their teens. If you or someone you know has a reasonable cause for concern, turn to the Wood County Hospital Sleep Disorders Center before it becomes a cause for alarm.

Chances are a pediatric sleep study is precisely what your family doctor will order. Sleep studies are now being conducted overnight at Wood County Hospital in private, home-like bedroom settings. While patients are being evaluated, they undergo medical tests administered by polysomnographic technologists who monitor sleep patterns, heart and brain activity, blood oxygen levels and body movements. The results are carefully reviewed and interpreted by board-certified sleep specialist, Dr. Ramalinga Reddy, who

then works with family physicians to develop the best course of treatment.

Is a sleep study right for your son or daughter? Look for these signs before turning out the lights:

- Is your child prone to loud snoring, mouth breathing, night sweats or excessive restlessness?
- Have you witnessed your child stop breathing while sleeping?
- Does your child have enlarged tonsils and adenoids?
- Has your child fallen asleep at school or acted out in hyperactive ways?
- Do you have trouble getting your child out of bed in the morning?
- Is your child having difficulty maintaining a healthy weight?

Before you make the call, make certain you cover the basics like avoiding caffeine-containing beverages late in the day or even

small changes to your nighttime routine such as a little quiet reading or a warm bath before bedtime can make a big difference.

For more information, contact The Sleep Disorders Center at Wood County Hospital at 419-373-4173. Please note: a physician order is required to schedule a sleep study.

Prior-authorization is often required by insurance. The Sleep Disorders Center will work with your provider to determine eligibility. ■



Wellness PROGRAMS

IN-STEP WITH BG: Wood County Hospital's "Walk with a Doc" Program

Wood County Hospital is always making strides to help people in our region improve the quality of their health. So it stands to reason that we would step up to actively support, promote and communicate the benefits of regular exercise. But sometimes, just talking about it isn't enough.

Our leading physicians couldn't agree more. That's why many of them have thrown their support and their own leg power behind "Walk With A Doc," a nationwide initiative to bring physicians together with members of their communities in monthly walking events.

Last fall, Wood County Hospital held its first "Walk" event, which was led by Nicholas Espinoza, D.O., a family practice physician at Falcon Health Center who not only is a strong advocate of the program; he's a participant as well.

"These events give us a chance to get together with the people we take care of day-to-day, and I think as physicians and practitioners we need to demonstrate that we practice what we preach," said Dr. Espinoza.

Wood County Hospital holds "Walk With A Doc" events the second Saturday of the month. This is a FREE program. No pre-registration or special exercise gear is required. Walkers are encouraged to meet in the front lobby of the BG Community Center on Saturday, April 9 at 9 am.

For the latest details, call 419-354-8887 or log on to woodcountyhospital.org and click on Care & Services. From there, click on Additional Services, then Wellness Services to access the "Walk With A Doc" information page. ■



WELLNESS CALENDAR

Wood County Hospital is committed to improving the health and wellness of community members of all ages by providing health education, health screenings, weight loss and aquatics programs. Listed below are some of the programs we offer. For a more detailed information and to register, visit us online at www.woodcountyhospital.org/classes or follow us on Facebook. You can also call us at (419) 354-8887.

Presentations and Events

Barbershop Talks

Tuesday, April 19

7:00 pm

Wood County Hospital Meeting Rooms

Theresa Badenhop, PT, will discuss ways for men to learn proper posture and body mechanics as it pertains to normal activities of daily living to manage or prevent back pain.

Kids Health and Safety Fair

Saturday, April 30

10:00 am – 12:00 pm

Activities and information for the whole family designed to introduce kids to wellness and safety concepts. Location: BGSU Perry Field House.

Health Screenings

As part of its "Know Your Numbers" series, WCH Wellness Services is offering free health screenings to help you take charge of your health.

Diabetes Interest Group

Free monthly meetings held on the second Thursday from noon to 1 pm for individuals who have diabetes, or their significant others. Each session covers current topics and information about diabetes.

Weight Loss Programs

Weight Loss Surgery Information Session

Peter Lalor, MD, bariatric surgeon will discuss the weight loss surgery options available at Wood County Hospital. Call 419-373-7699 for more information.

Saturday, April 9 - 9:00 am – 11:00 am

Wednesday, April 13 - 6:30 pm – 8:30 pm

Wednesday, May 11 - 6:30 pm – 8:30 pm

Saturday, May 21 - 9:00 am – 11:00 am

WALKING PATH TO BE COMPLETED THIS YEAR



Outdoor fitness equipment will be installed on the north side of the WCH campus.

Wood County Hospital (WCH) employees, visitors and community members will soon have a new, safe alternative to walk outside and enjoy a new fitness trail.

WCH has partnered with Bowling Green Parks and Recreation to create a walking path connecting the hospital to Simpson Garden Park. In addition to the walking path, outdoor fitness equipment will be installed on the north side of the WCH campus, supported by the Bowling Green Community Foundation's grant.

Look for this new enhancement coming soon. ■

Wood County Hospital Foundation Funds New BGSU Student Hub

A ribbon cutting ceremony was held on Monday, February 15 for the newly renovated Health and Human Services building at Bowling Green State University. Upon first entering the new building, students and visitors will be welcomed by the Wood County Hospital Foundation Student Hub – a student-focused space created with the help of a donation from the Wood County Hospital Foundation. It includes comfortable chairs, work-spaces and computer charging areas which enable students to lounge, network, and collaborate on projects.

The Wood County Hospital Student Foundation Hub is just another example of the long-standing partnership between Wood County Hospital and Bowling Green State University. "The Foundation Board continues to partner with the College of Health and Human Services to stay engaged with students, some of whom may stay in the community and be employed by the hospital," said Cristy Gray, Vice President of Development.

At the ribbon cutting ceremony, President Mary Ellen Mazey stated

that this new building will allow BGSU to add three new programs beginning this fall, including a Bachelor of Science in Public Health with an environmental health concentration, a Bachelor of Science in Allied Health, and a Master of Science in forensic science with a specialization in forensic investigation. ■



Ribbon cutters (from left to right): Dr. Marie Huff, Dean, BGSU College of Health and Human Services; Mary Ellen Mazey, President, BGSU; Stan Kordecki, President, WCH. Holding the ribbon are BGSU College of Health and Human Services students.

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MAURER FAMILY CANCER CARE CENTER CELEBRATES WORLD CANCER DAY



From left: Phil Ross, RT; Barb Chapman, RN; Erin Foos, RT; Julie Rehard, RRT; Robert Lavey, MD, MPH.



The Maurer Family Cancer Care Center staff celebrated World Cancer Day and their second year of providing stellar care to patients with cancer at WCH on February 3. The Center continues to grow and expand its hours of operation in order to meet the needs of the community. This past year, 114 people received radiation therapy at the Center. While the majority of patients reside in Wood County, people came from 12 counties in Ohio, Indiana, and Michigan for the compassionate, expert care The Maurer Family Cancer Care Center is known for. Over 60 physicians from throughout the region referred their patients to the Center for caring treatment in 2015. During the past few months, patients at the Cancer Center have benefitted from revolutionary new monoclonal antibodies such as nivolumab and ramucirumab and targeted radiation therapy techniques such as prostate brachytherapy and radioactive Iodide-131 capsules. Dr. Robert Lavey, Radiation Oncologist and Medical Director of The Maurer Family Cancer Care Center, summarized the year. "It's been tremendously exhilarating for our doctors, nurses, therapists, social workers, dietitians, and staff to receive such accolades for delivering the highest quality care to the patients and their families. The patients really appreciate our passion and enthusiasm." ■